

30 Day

Soft reset



Standard Bank

Weeks

1-2

Week 1

Financial Inventory

Set aside time to scrutinise your finances.

Financial Self-check

Identify and correct your money mistakes.

Know Your Standing

Check your credit score and review the report.

Week 2

Debt Assessment and Prioritisation

List all your debts, interest rates and minimum payments.

Consolidation and Payment Strategy

Explore options and prioritise paying off higher-interest debt more quickly or explore debt consolidation if you have multiple smaller debts.

Understand Your Priorities

Define your wants and needs.



Week 3

Weeks

3-4

Vision Board

Create a visual representation of your financial goals.

Spending Mantra

Develop a personal phrase to guide your spending decisions.

Set Boundaries

Set a savings goal and explore tools that can help you audit your expenses and plan and review your progress.

Week 4

Another Inventory

Review your bank statement to see change.

Insights-driven Goal Setting

Set new goals based on the insights.

Customise Your Savings

Explore methods that fit your lifestyle.

Secure Your Future

Explore retirement, estate planning and education and seek financial advice.

